



Wheatsheaf Ball Fields, Cedar

FINAL REPORT

RDN ELECTORAL AREA A RECREATION SERVICES INVENTORY

UPDATED: DECEMBER 20, 2019





EXECUTIVE SUMMARY

PROJECT PURPOSE

The purpose of this project was to develop an inventory of recreational services in Electoral Area A for the Area A Parks, Recreation and Culture Commission (the Commission).

Ultimately, the inventory will be used by the Regional District of Nanaimo (RDN) and the Commission to inform future needs assessment discussions.

SUMMARY OF INVENTORY

Some of the key findings that best characterize the inventory include:

- There were 33 distinct programs across more than 13 venues
- Most programs were offered at the Cedar Heritage Centre and the Cedar Community Hall
- Most programs were offered during the week with limited programming offered on the weekends

AREA A RECREATION SERVICES INVENTORY

The full program inventory can be found in Appendix A of this report.



CONTENTS

EXECUTIVE SUMMARY

PROJECT PURPOSE

SUMMARY OF FINDINGS

AREA A RECREATION SERVICES INVENTORY

1. INTRODUCTION.....	1
1.1 PROJECT CONTEXT	1
1.2 PROJECT PURPOSE	2
1.3 PROJECT SCOPE.....	2
2. PROJECT PROCESS	3
2.1 PHASE 1: PROJECT KICKOFF & DEVELOP FRAMEWORK	3
2.2 PHASE 2: LOCAL ASSET RESEARCH & INVENTORY DEVELOPMENT..	3
2.3 PHASE 3: INVENTORY ASSESSMENT & FINAL REPORT	4
3. FINDINGS	5
3.1 DESCRIPTIVE STATISTICS.....	5

APPENDIXES

APPENDIX A. AREA A RECREATION SERVICES INVENTORY

APPENDIX B. ADDITIONAL INPUTS

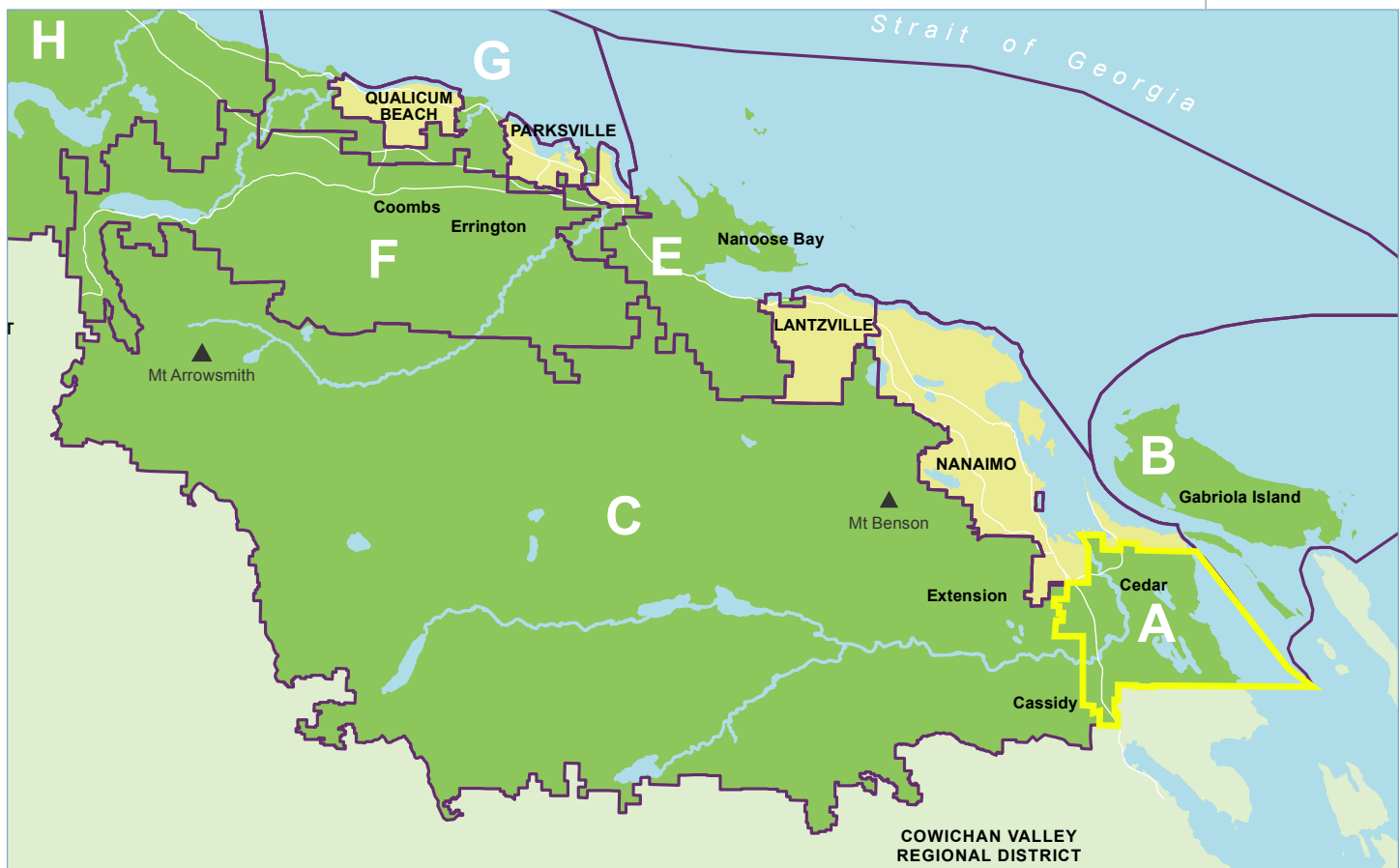
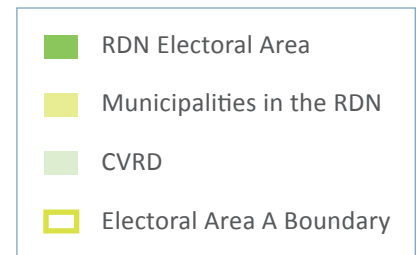
1. INTRODUCTION

In Electoral Area A, the last Recreation Master Plan was completed in 2007. The Electoral Area A Parks, Recreation and Culture Commission was formed in 2009. The purpose of the Commission is to provide recommendations and advice to staff and the RDN Board regarding community parks, and recreation and culture services and issues in Electoral Area A.

Recreation programs play a large part in building healthy communities. A comprehensive inventory of recreation programs in Area A is an important step to not only identify community needs and potential areas of improvement but also support people in being active and connected in their community.

1.1 PROJECT CONTEXT

Electoral Area A is shown on the map below. The area includes the communities of Cedar, South Wellington, Yellowpoint, and Cassidy.



Between 2010 and 2012, the Regional District of Nanaimo employed a Recreation Programmer with a dedicated portfolio to the coordination of recreation services for Area A. In 2012, the RDN Board decided to no longer provide direct recreation services. However, prior to and since, recreation services are provided within the community by community based organizations.

Recently, the Commission has been exploring options for the establishment of new recreation facility in the area. Currently, community recreation programs are hosted in existing community spaces, such as the Cedar Heritage Centre, the Community Centre, local churches, and privately operated spaces.

At its April 2019 meeting, the Area A Parks, Recreation and Culture Commission requested that an inventory in regards to recreation services be conducted to inform future needs assessment discussions.

1.2 PROJECT PURPOSE

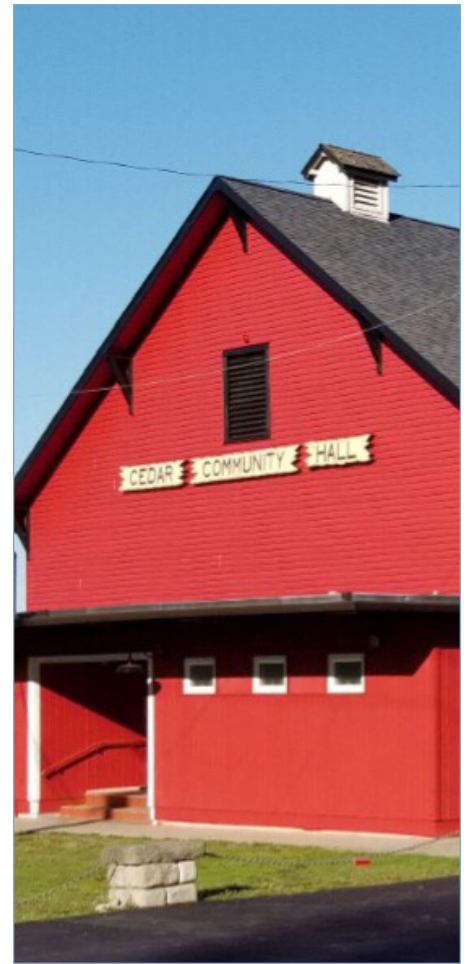
Within that context, the purpose of the RDN Electoral Area A Recreation Services Inventory project was to develop an inventory of recreational assets (programs) for the Area A Parks, Recreation and Culture Commission.

The outcome of this inventory and subsequent analyses may inform future decision-making about recreation services in the electoral area.

1.3 PROJECT SCOPE

The project was centred on the following key task:

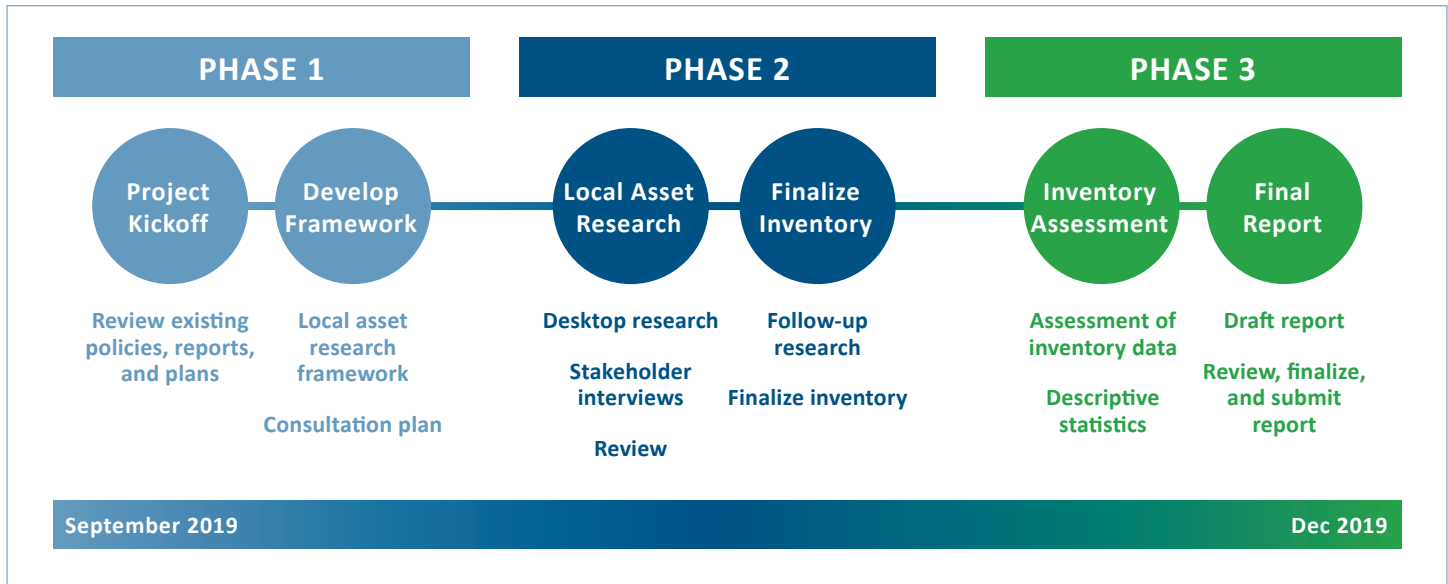
- Completion of a comprehensive inventory of existing recreation programs and services within Electoral Area A which includes interviews with key stakeholders within the local recreation community.



Cedar Community Hall

2. PROJECT PROCESS

The project consisted of three phases, as summarized in the below diagram:



2.1 PHASE 1: PROJECT KICKOFF & DEVELOP FRAMEWORK

To start, the project team conducted background research through [a] initial meetings with RDN staff to better understand the context and establish clear direction for the project and [b] a review of existing policies, reports, and plans. Then, a framework was developed to support local asset research and stakeholder consultation. After review with staff and refinement, the project team was ready to begin Phase 2.

2.2 PHASE 2: LOCAL ASSET RESEARCH & INVENTORY DEVELOPMENT

The focus of Phase 2 was local asset research to develop a comprehensive Inventory of recreation assets and programs in Area A. The project team employed a systematic approach to build the Recreation Services Inventory, which is detailed below:

1. Keyword Searches – involved searching for recreation programs in Area A by combining common recreation programs (e.g., baseball, yoga) by communities in Area A (Cedar, South Wellington, Yellowpoint, Cassidy).

2. Host Facility Services – Involved looking directly at host facilities (e.g., Cedar Heritage Centre, Cedar Community Hall) calendar of events to inventory their regular programming.
3. Google Maps Visual Searches – Involved visually assessing Area A facilities to inventory any visible programming that did not come up in part 1 or 2.
4. Stakeholder Interviews – Involved interviewing – by phone or email – key stakeholders in the area about recreation assets and programs that had been missed in steps 1-3.
5. RDN Staff and Commission Feedback – Involved sharing a draft of the Recreation Services Inventory to RDN staff and Commission members to identify any further gaps in the research.
6. Follow-up – Involved repeating steps 1-3, above, to search for any missing programs or facilities.

Once the local asset research was complete, the inventory was finalized and ready for assessment.

2.3 PHASE 3: INVENTORY ASSESSMENT & FINAL REPORT

After the inventory was finalized, a high-level assessment of the programs was undertaken. Outputs from this assessment can be found in Section 3: Findings, which includes descriptive statistics and related summary data,

Following the assessment, the project team then shifted to developing this final report, with input and review from staff.



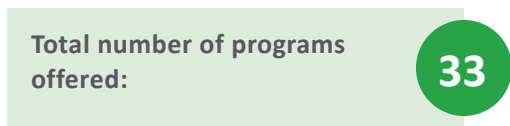
Central Island Equestrian Centre

3. FINDINGS

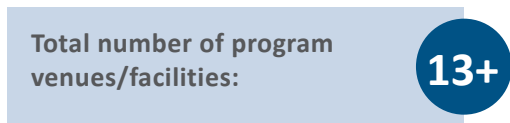
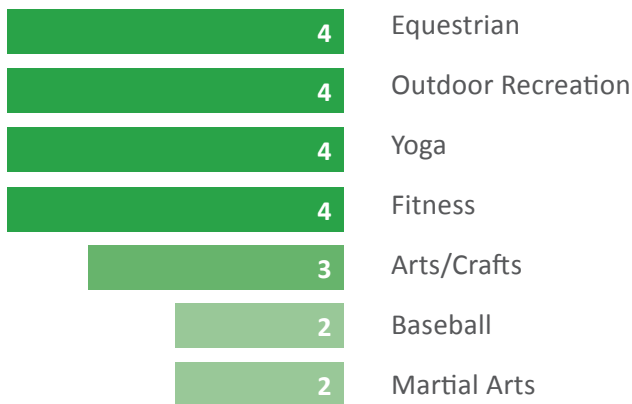
During Phase 3 of the project, the data was assessed to provide a clearer picture of program offerings in Electoral Area A. The Recreation Services Inventory for Area A can be found in Appendix A of this report.

3.1 DESCRIPTIVE STATISTICS

The following descriptive statistics represent a summary of the data assessment undertaken.



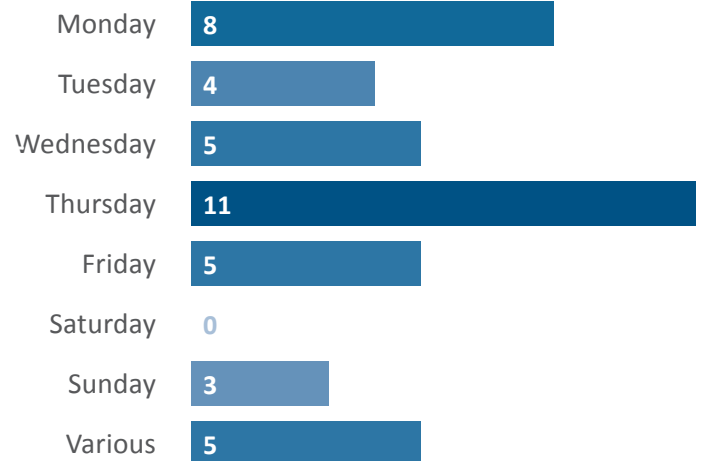
Most Common program types:



Facilities with the most programs offered:

- Cedar Heritage Centre: 11
- Cedar Community Hall : 6

Number of program sessions offered per day:



APPENDIX A: AREA A RECREATION SERVICES INVENTORY

Program Type	Program Name	Facility Venue	Host Organization	Schedule Info	Age Limit
Outdoor Rec.	Scouts & Rangers	Cedar Community Hall	Cedar School And Community Enhancement Society	Thu 18:30-20:30	13 to 17
Marital Arts	Ulfhednar Sword Fighting	Cedar Community Hall	Cedar School And Community Enhancement Society	Tue 18:30-20:30	N/A
Misc.	Swap Meet	Cedar Community Hall	Cedar School And Community Enhancement Society	Sun 6:00-17:00	N/A
Drama	Yellow Point Drama Group	Cedar Community Hall	Cedar School And Community Enhancement Society	Mon 18:30-22:30 Thu 18:30-22:30	N/A
Outdoor Rec.	Sparks	Cedar Community Hall	Cedar School And Community Enhancement Society	Mon 5:30-6:30	4 to 5
Arts/Crafts	Spinners and Weavers	Cedar Community Hall	Cedar School And Community Enhancement Society	Various	N/A
Tai Chi	Tai Chi	Cedar Heritage Centre	Tai Chi Nanaimo	Mon 10:00-12:00	N/A
Marital Arts	IDF Krav Maga	Cedar Heritage Centre	IDF Krav Maga Self Defence	Mon 18:00-20:00 Thu 19:00-21:00	N/A
Games	Bridge	Cedar Heritage Centre	Cedar Heritage Centre	Tue 12:30-16:30 Thu 12:30-16:30	N/A
Fitness	Zumba	Cedar Heritage Centre	Cedar Heritage Centre	Fri 10:00-11:00	N/A
Fitness	The Shape You're In	Cedar Heritage Centre	Cedar Heritage Centre	Fri 11:45-14:00	N/A
Arts/Crafts	Arts For All	Cedar Heritage Centre	Cedar Heritage Centre	Fri 12:00-17:00	N/A
Misc	Selena's Summer Fun Camp	Cedar Heritage Centre	Cedar School And Community Enhancement Society	Various	3 to 5
Fitness	Somatics	Cedar Heritage Centre	Somatics Body Movements	Mon 14:00-15:15 Wed 16:30-20:00	N/A
Games	Mahjong	Cedar Heritage Centre	Cedar Heritage Centre	Wed 12:00-16:00	N/A
Yoga	Yoga Restorative	Yoga Weyr-1990 Frey Rd	Yoga Weyr	Mon 11:00-12:30 5:00-6:30 Wed 9:30-11:15 Thu 11:00-12:15	N/A
Yoga	Yoga Hatha	Yoga Weyr-1990 Frey Rd	Yoga Weyr	Tue 18:00-19:15 Thu 18:30-19:45 Fri 9:30-11:00	N/A
Yoga	Yoga Gentle	Yoga Weyr-1990 Frey Rd	Yoga Weyr	Thu 11:00-12:15	N/A
Meditation	Meditation	Yoga Weyr-1990 Frey Rd	Yoga Weyr	Thu 5:30-6:30	N/A
Outdoor Rec.	Wildwood Public Tour	Wildwood Forest	Ecotouristy Institute Society	Sun 13:00-14:00	N/A
Yoga	Stretches/Yoga	1829 Woodbank Rd	Easy Does It Fitness	Mon 11:00-12:00	N/A
Fitness	Muscle/Toning	1829 Woodbank Rd	Easy Does It Fitness	Thu 11:00-12:00	N/A
Outdoor Rec.	Paintball	1306 White Rd	Omega Paintball Club	Sun 12:00	N/A
Gymnastics	Gymnastics	Cedar Elementary School	Cedar Elementary PAC	Wed 4:00	N/A
Equestrian	Horse Club	Cedar Heritage Centre	Cedar Horse Club	Thus 18:30-20:30	N/A
Equestrian	Back Country Horseman of B.C.	Cedar Heritage Centre	Back Country Horseman of B.C.	Mon 19:00-22:00	N/A
Baseball	Softball	Wheaty Baseball Fields	Nanaimo Mixed Softball League	Tue 18:00 Thu 18:00 Fri 18:00	N/A
Baseball	Baseball	Wheaty Baseball Fields	Nanaimo Men's Fastball League	Various	N/A
Choir	Yellow Point Singers	Cedar Secondary School	Nanaimo Singers	Wed 19:00	N/A
Aviation	Flying	Nanaimo Airport	Nanaimo Flying Club	Various	N/A
Equestrian	Training	3260 Hallberg Rd	Extreme Performance Horses	Various	N/A
Equestrian	Training	2380 Kendall Rd	Central-Island Equestrian Center	Various	N/A
Arts/Crafts	Quilter/Crafters	St. Phillips Anglican Church	St. Phillips Anglican Church	Thu 10:30-15:00	N/A

APPENDIX B: ADDITIONAL INPUT

- “Ideally I would like to see a proper public gym or workout space here either in the Woodbank School that is being sublet to local partners or a facility that the RDN builds or purchases.”